

Recetas Con Miel



Honey Hair Shine – Boosting Rinse

There are two options.

1) Combine

- A spoonful of honey.
- Quart of warm water.

Rinse through hair after shampooing. Let it condition for an hour, then rinse.

2) Mix

- 1-1/2 teaspoon honey.
- 5 cups warm water.

Rinse through hair and leave on. Dry and style as usual.